



## Preoperative Instructions

1. Bring *all* medications with you to the hospital at admission.
2. Take *all* heart, lung, asthma, anti-seizure medications *as usual on the morning of surgery.*
3. **DO NOT** take blood thinners for *5 days* before surgery.
4. **DO NOT** take Glucophage pills for *2 days* before surgery. (Other hypoglycemic medications are safe)
5. **DO NOT** take aspirin, Tylenol, etc. for *2 weeks* before surgery. **DO NOT** take Goody powders or BC packs for *2 weeks* before surgery. If you take these medications for pain and feel that you cannot keep from taking them, please take them as little as possible. These medications make people bleed more freely and make surgery more difficult.
6. **DO NOT** take any of the following herbs for *1 full week* before surgery: Echinacea, Ephedra, Garlic, Ginkgo, Ginseng, Kava, St. John's Wort, Valerian, and fish oil. (Diet Pills must be stopped 2 weeks prior to surgery)
7. **DO NOT** eat or drink anything after midnight. **DO NOT** drink anything offered by the hospital on the day of surgery.
8. **DO NOT** wear lotion or nail polish on your surgery date.
9. **DO tell us if you use a CPAP machine AND bring it with you when you come for surgery.**
10. **DO tell us if you have a history of Venous thrombosis, Heart murmur requiring prophylactic antibiotics, joints with severe pain or limited range of motion, recent (in last 2 months) surgery or hospitalization, severe nausea or vomiting after prior surgery.**

## Day before your surgery

### Needed:

1. Dulcolax (Bisacodyl) Tablets
2. 1- 8-ounce bottle of MiraLAX

Both can be purchased over the counter at your pharmacy.

### Instructions:

1. Beginning at 12:00 p.m. noon, take 2 Dulcolax Tablets
2. Beginning at 1:00 p.m. mix 1 capful of MiraLAX powder in your favorite 8-ounce drink of choice. Repeat every 15 minutes until the entire bottle of MiraLAX has been consumed.
3. At 8:00 p.m. take 2 Dulcolax Tablets

## Post Operative Medications

In order to know what works best for you, Dr. Azar will not know what pain medications you will need post-operatively until after your surgery. Insurance often requires a prior authorization for most of these medications, however, we have found that it is best to pay cash as the prior authorization process can take several days to process. The generic form of these medications are generally less than \$20.00.

At times pharmacies will tell a patient they can only receive 7 days of the medication; however, you can pay cash for the FULL prescription. We discourage the use of Walmart Pharmacies, as they are particularly obnoxious about withholding post-operative pain meds. Small local pharmacies are more service-oriented and likely to get your pain medications filled quickly.

## Cancellation Policy

In order for us to maintain our efficiency in the operating room, as giving full consideration to the hospital and anesthesia staff, it is necessary for us to implement a cancellation policy. It is important that when you schedule your surgery/procedure you have thoroughly checked your personal calendar to make sure that your scheduled date is ideal for you. Cancelling or rescheduling your surgery/procedure requires multiple phone calls to the hospital or outpatient facility, insurance company, and patient. If you need to cancel your surgery, we ask that you do so in a timely manner. We understand that sometimes it may be necessary to reschedule a surgical procedure due to personal illness, illness of a child, unforeseen death in the family etc, therefore we will allow such a reschedule without a cancellation fee if done in a timely manner. Any additional reschedules or cancellations will be charged accordingly.

1. Cancellations less than two (2) weeks before surgery will result in a \$100 fee.
2. Cancellations less than 24 hours before surgery will result in a \$200 fee. This cancellation fee or no-show fee will not be applied toward your surgery/procedure and will be added as a charge to your account that is not billable to insurance. This fee must be paid to Renaissance Health and Surgical Associates, PC, prior to surgery/procedure being rescheduled.
3. If the surgery is cancelled by either Renaissance Health and Surgical Associates, PC, or the facility in which the surgery is scheduled there will be no fees charged to the patient.

## Billing

Please be aware that you will be contacted by our billing manager, Stephanie Prince, regarding your estimated, out of pocket cost, for Dr. Azar's portion of your procedure(s). This amount must be paid prior to your surgery. This estimate DOES NOT include hospital, anesthesiologist, lab fees, etc. Those facilities will call you regarding their portion of the cost.